

# AFTERLIFE

## WHAT COMES NEXT?

### READ

Psalm 90:10-17

### INTRO

Do you have a memory of the first time you learned about death? Perhaps as a child? If you feel comfortable, please share with the group.

### DISCUSSION

1. Psalm 90:12 says, "Teach us to number our days, that we may gain a heart of wisdom." What do you think it means to "number our days"? How might this practice lead to wisdom in our lives?
2. The psalm ends with a prayer for God's favor and the establishment of our work (verses 16-17). How does the reality of our mortality influence the way we view our daily work and long-term goals? In light of this psalm, how might we approach our life differently?
3. Mike mentions that our culture often avoids discussing death. Why do you think that is? How has this cultural attitude shaped your own views on mortality?
4. For those who believe in Christ, how does the promise of eternal life impact your view of death? Does it remove all fear, or not really?
5. How might a deeper awareness of death's reality help us appreciate the power and relevance of Jesus' promises in our daily lives?
6. What practical steps can you take now to prepare for your own death?

