



THE WEARY WORLD

REJOICES

WEEK 3 | JOY

INTRO

What is one thing about this season that gives you joy?
(music/food/presents/parties/family and/or friends/etc.) or, What is one thing about
this season that makes it hard for you to have joy?

DISCUSSION

Philippians 4:4-7

1. What does Paul tell us to do twice in Phil. 4:4? How is that possible in everyday life?
2. What does Paul tell us to rejoice in? (Phil 4:4a) What does that look like?
3. How does happiness with earthly things distract us from experiencing true joy in our every day life? Does the pursuit of those things come at a cost of what's important in life?
4. Do you think it fair that we are expected to rejoice?
5. How does the birth of Christ give us reason to rejoice?

APPLICATION

What ways can you pursue joy in a world of difficulty?

[illegible]