

## **Fall Mission Trips to Ghana and the Middle East Supply List**

**Collection Dates: September 25, October 2 and 9**

(Look for bins in the lobby of your campus.)

### **School Supplies**

- Pencils
- Colored pencils
- Pencil sharpeners (metal preferred)
- Markers (no crayons please)

### **Sports Equipment**

- Deflated soccer balls, volleyballs, & playground balls – pumps are provided

### **Hygiene Items**

- Toothbrushes for children in K – 12
- Small tubes of toothpaste
- Small bars of wrapped soap
- Small bottles of body lotion and shampoo (no conditioner please)

### **Medications/Vitamins**

- New jars of children's vitamins (gummy type preferred). Brands include SmartyPants or L'ill Critter or others available online, Costco, Walgreens, etc.
- New jars of women's prenatal vitamins (gummy type preferred). Brands include SmartyPants or others available online, Costco, Walgreens, etc.
- Ibuprofen (Advil) 200mg
- Acetaminophen (Tylenol) 500mg
- Non Drowsy Antihistamine (Zyrtec, Claritin)
- Tums (chewable bottles of 60)
- Muscle rub (Bengay)
- Small Hydrocortisone tubes

### **Clothing**

- New clothing (all seasons) for children ages 8 and under with an emphasis on 4 and under (both boys' and girls' clothing needed)

### **Food**

- Goldfish (boxes only, no bags please)
- Cheese-its (boxes only, no bags please)

**Thank you for being a part of these short-term trips. You are helping to reach people and renew communities around the world!**

