



# 21 DAYS TO CHILDLIKE PRAYER

## INTRO

What do you find easy or hard about prayer?

## DISCUSSION

Read Matthew 6:5-15

1. How does knowing God help grow our prayer life?
2. Mike mentioned having a time of silence, keeping a list of prayer requests, and getting sleep to help his prayer life. What tools do you find helpful in being intentional about your prayer life?
3. What commitment can you make to add prayer to be a regular part of your life?

## PRAYER

Discuss how you as a group can encourage each other to pray or add more prayer time to your group. Pray the Lord's prayer together.

## NOTES:

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