
LAMENTATIONS

WORSHIP

Begin by reading Psalm 130 together – a prayer from the depths asking God to reach out and restore His people.

FELLOWSHIP

Share how each of you are doing. Feel free to spend more time here than usual, as we are all feeling the effects from last week.

DISCUSSION

1. Mike had four points from Sunday: 1. We must face reality (sin & evil in society). 2. We need to lament 3. We must embrace the gospel and 4. We cannot grow weary of doing good. Which one resonates most with you at this time?

Read Lamentations 1 – a poem written during exile in Jerusalem.

2. There are many different postures toward God and suffering expressed in this chapter – were there any that affected you?

3. Laments are raw and honest prayers. Are there any raw and honest thoughts that you want to express towards God about last week? What are they?

4. It's important to recognize that this is a communal lament, not just an individual's prayer. How can we pray and engage our communities during our time?

5. Mike's last point was about doing good for one another. Who needs support in or outside the group? How can we as a small group not grow weary in doing good this week?

PRAYER

Share prayer requests together. Pray for the families affected. Pray for Highland Park, and for the surrounding communities. Pray for justice and peace to reign. Pray for God to have mercy upon all.

