Renewal
The Mind

WORSHIP

Read Isaiah 40:25-31. Take a moment to reflect on God's Word and center in Him.

RENEWAL PLAN

During this 8-week series, we are encouraging the whole church to utilize a set of questions and exercises to help us reflect on Identity and then create a personal Rule of Life. Invite your group to download the Renewal Plan guide and find more resources here. There is also a video there explaining what a Rule of Life is and why you should have one.
This week, we will be asking, "How will I sustain my Rule of Life?"
Would anyone like to share the personal Rule of Life they've been working on, or any particular practices they're planning to include?

DISCUSSION

1. What is one thing you want to remember from this series on Renewal?

2. Have you ever tried to change by changing your circumstances? What happened?

3. Read 1 Corinthians 9:24-27.

   a. What does this passage teach us about life with God?

   b. If you imagine your life as a race, how are you running? What do you need to do to "get the prize" (e.g., "strict training", sense of purpose).

4. Read 2 Corinthians 12:7-10.

   a. How do you hear God's words to Paul in verse 9?

   b. What does this passage reveal about strength and weakness?

   c. How might this fit with the passage above (1 Cor. 9:24-27)?

5. What do you do when you're out of strength? What might God invite you to do?

6. How can you "Love the Lord your God...with all your strength" (Mk. 12:30)?

a. How does Jesus model this for us?

b. Is there something God is inviting you to do this week?

PRAYER

Ask for prayer requests; try to remember any needs that came up during the fellowship or discussion time. Check in on requests from last week, if you can. Does anyone have a practical need that another group member may be able to help with?
Pray for group, church, and community needs.

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