



21 DAYS OF PRAYER
**Week 1: Basics
of Prayer**

Worship

Read Psalm 86:1-10 aloud. Take a moment to reflect on God's Word and center in Him.

Fellowship

What was the most meaningful conversation you had this week?

Discussion

Watch this [sermon overview video](#) to refresh your group on this week's message. Then discuss the questions below.

1. In the sermon and in the video above, Pastor Mike shared several things he has been reminding himself of in the past year.

Which of Pastor Mike's reminders is most helpful to you? Or is there another insight or biblical truth that has helped ground you this year?

How can you respond to that insight in prayer?

2. Read 2 Chronicles 7:11-16

What does God ask of His people?

What does this passage reveal about God?

What does it reveal about prayer?

3. Read Luke 18:1-8

What does this passage reveal about God?

What does it reveal about prayer?

4. What is your prayer life currently like?

What do you want it to be like?

What are one or two things you can commit to do for the next 3 weeks to deepen your prayer life?

Here are a few ideas:

- Sign up to receive 2-3 minute videos on prayer each day.
- Spend 10 minutes in prayer every morning and evening.
- Choose one person, issue, organization, etc. to pray for each day.

Prayer

Practice the P-R-A-Y method of prayer as a group. Introduce each section by reading the Bible verses listed. Then make space for anyone to offer a 1-2 sentence prayer in each section aloud. If your group is new to prayer, invite them to write down a prayer for each section and read it aloud, if they feel comfortable.

P - Praise - Psalm 100:1-5

R - Repent - Isaiah 6:1-5

A - Ask - Philippians 4:6

Y - Yield - Mark 14:36*

*From "The Mechanics of Prayer: The P-R-A-Y Method" at <https://www.pursuegod.org/the-mechanics-of-prayer-the-p-r-a-y-method/>

Leaders, consider watching the accompanying video or sharing it with your group mid-week to practice this method.